

	NEPD checklist items	Current activities	Plans to introduce	Suggestions for future
General	1. Have you carried out an analysis of nutrition problems in your area? What are they?			
	2. Have you defined and included vulnerable groups in the project? Who are they?			
	3. Does the project engage with health and agriculture local government departments to promote healthy food systems?			
	4. Does the project communicate or advocate for sustainable food systems, diets or nutrition? - where?			
	5. Does the project collect information to monitor and evaluate for impact on nutrition?			
	6. Does the project work to build the capacity of participants, project partners or others for improving nutrition? describe			
Household Food Security	7. Describe what you have done to improve resilience and to fill seasonal shortages.			
	8. Does the project facilitate production of a range of diverse foods from different food groups?			

	Which food groups?			
	9. Is food grown using agro-ecological systems, such as organic methods?			
	10. Does the project use indigenous knowledge of cropping systems, recipes and indigenous foods? Describe			
	11. Does the project promote the improvement in nutritional quality of foods using a step by step approach from farm to fork? This could include soil improvement, nutrient dense varieties, processing and cooking to retain nutrients.			
	12. Does the project include activities to promote local food processing using traditional or contemporary methods, using appropriate technology?			
	13. Does the project work with local enterprises that are part of a healthy food system (such as retailers, processors, seed companies)? Describe.			
	14. Is there access to markets for nutritious foods available locally? Describe.			
Maternal and child Care	15. Does the project include elements that reduce the drudgery of work for participants, particularly women and children?			

	16. Does the project empower women through labour saving devices, access to resources, decision making or access to education or other activities?			
	17. Does the project Include education on diets, health, nutrition, water and sanitation for all but particularly pregnant and lactating women, adolescents and children?			
	18. Does the project promote healthy diets, including special foods for the infant and young child where appropriate?			
Healthy Environment and Health Services	19. Does the project ensure adequate water supply for food production and for health and hygiene purposes?			
	20. Ensure there is a healthy environment, free from contamination and adequate sanitation.			
	21. Is there adequate access to health services?			
	Others- describe			